## Balika Vidyapith Lakhisarai (811311) CLASS - 5 SUBJECT - EVS Based On NCERT Date - 02/09/2020 REVISION

- A. Write True or False.
- 1. Proteins help in repairing body cells.
- 2. Deficiency of vitamin C causes scurvy.
- 3. Iron is found in peas and Beans.
- 4. The person suffering from night blindness is not able to see in dim light.
- 5. Vitamin e helps the heart to work smoothly .
- B. Write the sources of the following vitamins .

1.	Vitamin D	•••••
2	Vitamin F	

Home work

\*\*\*\*\*

*Jyoti*